



RESTAURANTS

Search

PHOENIX RESTAURANTS | FOOD BLOG | RESTAURANT REVIEWS | FIND A RESTAURANT | HAPPY HOURS | DEALS | DINING NEWSLETTER | GET MOBILE | RESTAURANT ADS | DATING



TOP BLOG STORIES



First Taste: Couscous Express in Phoenix By Lauren Saria



Budweiser Takes Shot At Craft Beer In Super... By Zachary Fowle



3 Best Places to Eat This Week in Phoenix By Lauren Saria

Chef and Tell

Natalie Morris on Giving Up Good Food Finder and Her Upcoming Bean Book

By Lauren Saria Mon., Jan. 19 2015 at 9:00 AM

1 Comment

Categories: Chef and Tell

Like Share 118

Tweet 8

Stir

0

g+1

0

Continued from page 2



Now Trending



Squid Ink Sushi Opens Third Location in Scottsdale Today



First Taste: Couscous Express in Phoenix



Budweiser Takes Shot At Craft Beer In Super Bowl Spot



From the Vault



Five Guys: Gluten-free Happiness, Not-So-Healthy Conscious...

natalierachelmorris/Instagram

A glass of sherry and an M.F.K. Fisher book.

What is it about sherry that you like? I don't know. I mean, sherry isn't a bitters, it doesn't fall under the bitters category, but I love bitters, particularly Italian bitters, the amaro - or, the amari, in this case. I love it, I don't know why. There's just something about that bitterness that I just like. I know people who hate them and I know people who just love them the way I do.

What's your go-to drink (when your not drinking sherry)? I love Montenegro.

What three food-related books could you not live without? *I Know How to Cook* by Ginette Mathiot . It's a French author. That is definitely my favorite cook book. And if you would allow me a series of books, my favorite series of books is all books by M.F.K. Fisher. She writes non-fiction, auto-biographies and I'm in love with her. She's my idol. I wish she could be my mentor. And, a third book that I think would be my go-to book would be *Cuisine and Culture* by Linda Civitello.

What is your go-to restaurant for lunches? My go-to place is probably going to be super comfort food and, like, a place where I can eat good food and hide and have a drink - cause I'll drink at lunch, I don't care. It has to be Pane Bianco, like, of all the Bianco restaurants. It's got that quality to it. It's that hideaway, good light, soul food, and a big glass of wine.

What's your favorite childhood food memory? I always use this example, but I always, always credit my grandmother with making me steamed broccoli and peanut sauce. Always. Because I know without a doubt that if I hadn't had that I wouldn't care about food. She gave it to me before I really could eat and I remember it so vividly. I always have the taste for it and you can buy it in a jar, but it's not the same. I swear, when I have kids they are so getting that.

When did you become passionate about sustainable food? I can give you a memory. It was when I was in cooking school, which was near Maya's Farm and we would get these trucks in of Shamrock or whatever. I was like, "It's next door. Why are we doing this when we could go next door - like, we could walk next door - and get fresh food?" None of that added up for me. And I asked my chef, this was 2007, and he's this kind of Old Guard chef. He was just like, "Blah, blah, blah." Like, literally. I'm not exaggerating, he just shook me off and laughed or snorted or whatever. And I never really got an answer. That's when sort of, all the wheels started turning.

It sort of had this trickle down effect and even though Phoenix wasn't what it is now, that's where it all started. If I could, I would just give a little shout out to everyone else that wants to learn these things. Just look. Look around you. Ask questions. Figure it out. You, go figure it out.

Editor's Note: This post has been edited from its original version.

Follow Chow Bella on [Facebook](#), [Twitter](#), and [Pinterest](#).


[<< Previous Page](#) | [1](#) | [2](#) | [3](#)

GET THE DINING NEWSLETTER

The week's top local food news and events, plus interviews with chefs and restaurant owners, dining tips, and a peek at our print review.


[Email to Friend](#) [Write to Editor](#) [Print Article](#)

submit



Chow Bella
Like

10,010 people like Chow Bella.



Facebook social plugin



Slideshows



The 24th Annual Taste of the NFL at WestWorld of Scottsdale



Personal Space: Inside Misty Guerriero's Vintage and Worldly Phoenix Home



Vegetarian Food Festival at Scottsdale Civic Park

[More Slideshows >>](#)

**Local ingredients,
artfully prepared**




THE COURTYARD CAFÉ
VIEW OUR MENU AT [HEARD.ORG](#)